

Grasping the Significance of the Sabbath

Genesis 2:1-3

Keeping the Sabbath Day as Biblical Law

Exodus 20:8-11, Deuteronomy 5:12-15

Beginning of Sabbath Day Law

Exodus 16

- There is no mention of any law regarding what is to be done on the 7th Day until the Old Covenant era. *Genesis 2:1-3*
- Before the Old Covenant era you have mention of a weekly cycle but no law regarding the 7th Day. *Genesis 8:6-12*
- The first mention of law regarding the Sabbath Day is with Israel at the beginning of the Old Covenant era. *Exodus 16:21-30*
- Israel did not know about any law regarding the Sabbath Day until God revealed it to them on Mount Sinai. *Nehemiah 9:13-15*

Ending of Sabbath Day Law

Ephesians 2:11-18

- The Old Covenant era comes at an end with the cross and resurrection of Jesus Christ. *Hebrews 8:13*
- The Mosaic Law is the version of God's law that is tied to the Old Covenant. *Exodus 25:16,22*
- The Mosaic Law came to an end with the ending of the Old Covenant era. *Galatians 4:23-25*
- In the New Covenant era, which begins at Pentecost, there are no holy days. *Romans 14:5-6*
- The literal Sabbath Day was a picture of the saving work of Jesus Christ. *Colossians 2:16-17*
- The Sabbath Day is said to be an eternal law, but it is only eternal in its New Covenant fulfillment. *Exodus 31:16-17*

The Significance of the Sabbath in Creation

Hebrews 4:1-11

Promise Land is a Picture of the Believer's Rest

Joshua led Israel into the Promise land and gave them rest from their enemies, but that was only a picture of a rest that is promised to believers if they persevere in their faith. *Hebrews 3:14*

The 7th Day of Creation is a Picture of the Fullness of our Salvation

- The 7th Day of creation functions as a picture of something that is only clearly understood from the point of view of the teaching of the New Covenant era.
- When a believer perseveres in his faith and goes to be with the Lord he joins the Lord in his rest that began on the 7th day of creation. *Hebrews 4:4-5*

Salvation as Rest

Matthew 11:28-30

- Salvation can be described as resting from our works. We stopping working and rely on Jesus Christ to do what is necessary to make us accepted by the Father. *Romans 4:4-5*

- As a believer we can rest in the Lord in the sense that the Father, by means of the death of Jesus for us, always unconditionally accepts us. *Romans 5:1*
- The ultimate rest for the believer is comes when he goes to be with the Lord.